



**39th Open Challenge Cup Poomsae
Saturday March 2nd. 2024**

Tongeren / Belgium



Individual Pomsae, Pairs, Teams. Freestyle Poomsae, Para Poomsae

Belgian Taekwondo Federation Ranking Tournament

**Organization: Tkd Academy Ge-We under the auspice of Taekwondo Vlaanderen - BTF
With the cooperation of the sport council and the sport department of Tongeren**

Dear President, Dear Taekwondo Colleague,

It is our pleasure to invite you and your team to participate in the Open Challenge Cup Poomsae 2024 which will be held in Tongeren, Belgium.

Registrations: Can only be made using the online subscription site **TPSS**. To login and register please visit: www.tpss.eu **Deadline:** Saturday february 24th 2024!!

Entry Limit: In order to provide a high quality championships, the entries will be limited to no more than 300 entries. If we reach this number before the deadline, the online registration will be closed earlier.

All competition areas are with electronic points system for poomsae competition.
Each coach will receive a poule list with a complete time table.

If you need any assistance, please do not hesitate to contact the organisation team.

Bruno Graziano: Tournament Director

Phone +32 (0)11/31.49.41 Mobil + 32 (0)475/61.38.39 E-mail: bruno.graziano@telenet.be

Referee Coordinator Mustapha Moutarazak

m.moutarazak@hotmail.com

Visit our website: video & foto's OCC 2023

www.challengecup.be



Place

Sportcomplex “Sportoase Eburons Dome”
Vrijheidweg 9, 3700 Tongeren (Oost), België
Tel: +32 (0)12/39.31.11

Date

Saturday, March, 2nd 2024

License

Belgian participants must be in possession of a valid taekwondo license 2024 delivered by one of the regional recognized and subsidized unisport federations that offers WT.-taekwondo.

Foreign participants must be in possession of a valid license 2024 of a recognized taekwondo federation that offers WT. taekwondo

Rules

TKDV./WT. rules www.taekwondo.be (see downloads)

[Regulation for spectators](#), see RIO TKDV. vzw and [disciplinary regulations TKDV vzw](#)

Competition Rules: WT. / TKDV. www.taekwondo.be VTB vzw en RIO TKDV. vzw

System

Cut Off Systeem

+ 20 competitors 3 rounds: from the preliminary round 50% goes to semi-finals)

9/19 competitors 2 rounds: the best 8 goes to the final

Categories: 8 competitors final round:

Graduation

A-category: 1st Poom / Dan and higher.

B-category: 4th Kup until 1st Kup

C-category: 8th Kup until 5th Kup

D-category: 10th kup until 9th Kup

Forms: A-Class : BY DRAWING LOTS

1st round: 1 taegeuk

2nd round: 1 taegeuk

3rd. round: (final) 2 taegeuks

Categories

Individual, Competitors shall be allowed to participate in one or more divisions.

Pair, Team Division

Free Style Poomsae: Individual, pair and team division – only for A-categories!!

Para-taekwondo

A-CLASS : BY DRAWING LOTS – Announcement on www.taekwondo.be on 28/02/2024

B, C & D-Class (New Rules Flemish federation T.V. See Table Below)

All age categories in the competition are based on the year of birth. For example, if someone is 17 years old on the day of the competition but will become 18 before the end of the year (2024) then he/she will participate in the category of 1st Seniors (18-30 years old).

Individual (Male/Female separate): A, B, C, D

Age: till 8y, 9-11y, 12-14y, 15-17y, 18-30y, 31-40y, 41-50y, 51-60y, 61-65y, ≥66y

Pair (1 male + 1 female): A, B, C, D

Age: till 11y, 12-14y, 15-17y, 18-30y, ≥31y

Team (3 male or 3 female– not mixed): A, B, C, D

Age: till 11y, 12-14y, 15-17y, 18-30y, ≥31y

Para-Taekwondo – only individual (male/female separate): A category and BCD (1 group)

Individual: A: age: till 17y, ≥ 18y

B+C+D (1 group): age: till 17y, ≥ 18y

Each participant is free to choose a poomsae. One round only.

Free Style – Individual (male/female separate), Pair (1 male+1 female),

Team (3 male or female), Mixed team (2male+3female or 3male+2female)

ONLY A/B-categories!!

Individual A: till 17y, ≥ 18y

Pair A: till 17y, ≥ 18y

Mixed team A: All ages

Music A: min. 60 sec – max. 70 sec – **bring your music on CD or USB**

Only for belts B, C and D:

- In the individual discipline, each athlete has the choice of participating in the age category above his own.
- A pair or a team is formed in the same age category. Nevertheless, it is admitted that one person of the pair or 2 persons of the team can have the category of ages just below or above.
- A pair or a team is formed in the same class of belts. Nevertheless, a combination of different belts B, C, D is allowed.
- **A pair or a team must participate in the highest age category and the highest belts class.** This does not apply to A class!

Registrations: www.tpss.eu

Deadline Saturday february 24th 2024!!!

Information Bruno Graziano: +32 (0)11/31.49.41 / +32 (0)475/61.38.39

E-mail: bruno.graziano@telenet.be

Time Table

Friday 1st March 2024, 18:30 – 20:00: registration at the Sport Hall

Saturday 2nd March 2024

07:30 – 08:30: registrations!!!

09:00 – 09:30: Referee meeting

09:45 – 10:00: Coach meeting

10:30: start contests

The detailed time schedule will be available at the registration

The prizes will be distributed immediately on the fields.

Entry Fee

Individual: € 25,- Pairs: (2) € 35,- Teams: (3) € 40,-

Individual: Freestyle Music 25€.- Pairs 35€

Spectators Adult € 8,00 Childeren – 12 year admission free

Entry fees must be paid by bank in advance: Before February 26th 2024!!!

Name: Taekwondo Academy GE-WE Wellen

Account number: IBAN BE15 0011 9676 9630 / BIC: GEBABEBB

Mentioning: OCC Poomsae 2024, name team + number of participants individual. pair. & team freestyle. Mail your proof of payment to: bruno.graziano@telenet.be

Awards

To all winners of 1st, 2nd and 3rd place - Teams 1st 2nd 3rd place

Teams: Gold m. 7 points, Silver m. 3 points, Bronze m. 1 point

Hall Rules

Only the competitors and their coaches have admittance by the registration cards to the contest areas. One coach for every five competitors has free admission with a maximum of 3 coaches per team. Only in sportswear.

Protest:

Only the official coach is allowed to protest to the LSC, immediately after the end of the contest within 10 minutes. An amount of € 50,- will have to be paid to the competition board. The decision of the referee chairman is final.

Liability

All competitors are considered to participate at their own risk. The organization crew and the organizer assume no responsibility for any damages, injuries or losses

Referee

We will have a neutral competition. Each team invited, will be asked to support us with maximum 1 national or international Referee. As there are not enough referees, we will complete it with national Referees. All judges who participate will receive a monetary allowance (€ 60 day) as well as free full lunch and refreshments.

The organizer provides a hotel room for one night with breakfast

Information: bruno.graziano@telenet.be

TABLE A- CLASS	
DRAWING OF LOTS Announcement: 28/02/2024 www.taekwondo.be	
1 st round 1 poomsae 2 nd round 1 poomsae 3 rd . round (final) 2 poomsae	
INDIVIDUAL. A	
Age	Poomsae
until 8y	Taegeuk 1,2,3,4,5,6,7,8 jang
9-11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30y	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taebaeck, Pyongwon, Shipjin
31-40y	Taebaeck, Pyongwon, Shipjin
41-50y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
51-60y	Koryo, Keumgang, Taebaeck, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
61-65y	Koryo, Keumgang, Taebaeck, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
≥66y	Koryo, Keumgang, Taebaeck, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
PAIR. A	
Age	Poomsae
until 11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30y	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
≥31y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
TEAM. A	
Age	Poomsae
until 11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30y	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
≥ 31yj	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon

Belts	Compulsory poomsae	Round 1	Round 2	Round 3
A	Drawing of lots on 28/02/2024 – see table	1 taegeuk	1 taegeuk	2 taegeuks
B	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
C	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
D	Free choice – see table	1 taegeuk	1 taegeuk	1 taegeuk
G	Free choice	/	/	1 taegeuk

For the B, C, D, G. Category it is obligatory to register the poomsae before closing of the registrations, at the latest 24/02/2024 on the website www.tpss.eu

AGE CATEGORIES CLASS B CLASS C CLASS D

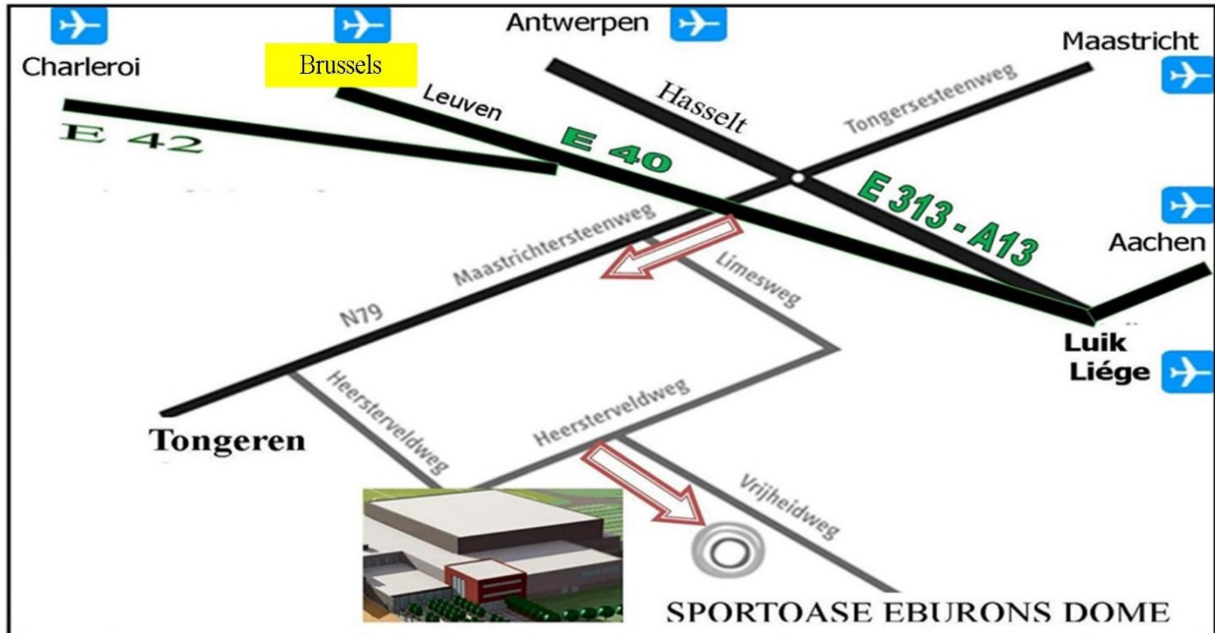
Individual	Pupil until 8y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Miniem 9-11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U40 31-40	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U50 41-50	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U60 51-60	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U65 61-65	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O65 + 65	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2

Pair	Miniem until 11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O30 +31	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2

Team	Miniem until 11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O30 + 31	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2

Airport

For your own comfort and budget, please use Brussels National Airport (Zaventem) and try to avoid Brussels South Charleroi



Sportcomplex



Accommodation

Hotel Limburgia

Adres: Op 't Broek 43770 Kanne (Riemst) (± 5 Km. Sportcomplex)
Phone: + 32 (0) 12 45 46 00 Fax: 0032 (0)12 - 45 66 28
E-mail: hotellimburgia@telenet.be www.hotellimburgia.be

Hotel Holliday Inn Hasselt

Kattegatstraat 1 3500 Hasselt (± 20 Km. Sportcomplex)
Phone +32 (0) 11 24 22 00
www.hihasselt.com E-mail: info@hihasselt.com

EBURON HOTEL

Adres: de Schiervelstraat 10, 3700 Tongeren (± 5 Km. Sportcomplex)
Phone: + 32 (0) 12 23 01 99 fax :+32 (0)12 26 13 70
info@eburonhotel.be www.eburonhotel.be

Hotel Malpertuus

Adres: Tongersesteenweg 145 3770 Riemst (± 5 Km. Sportcomplex)
Phone + 32 (0) 12 45 15 38 Fax + 32 (0) 12 45 57 73
www.malpertuus.be

Hotel Ambiotel

Adres: Veemarkt 2, 3700 Tongeren (± 5 Km. Sportcomplex)
Phone +32(0) 12 26 29
www.ambiotel.be ambiotel.tongeren@belgacom.net

Radisson Blu Hotel, Hasselt

Adres: Torenplein 8, B-3500 Hasselt, Belgium (± 20 Km Sportcomplex)
T: +32 11 77 00 00, D: +32 11 77 00 74
www.radissonblu.com/hotel-hasselt

Hotel Century

Adres: Leopoldplein 1, 3500 Hasselt (± 20 Km. Sportcomplex)
Phone +32 (0)11 22.47.99 Fax +32 11 23 18 24
hotel@century.be www.century.be

Hotel Hollyday Inn Express Hasselt

Adres: Thonissenlaan 37, 3500 Hasselt Belgium (± 20 Km Sportcomplex)
Phone: +32 0)11379300 info@hiexhasselt.com;

YUP HOTEL

Adres: Thonissenlaan 52, 3500 Hasselt, (± 20 Km. Sportcomplex)
Phone: +32 (0) 11 23 11 11 info@yuphotel.com www.yuphotel.com

B&B Hotel Hasselt

Adres: Thonissenlaan, 75, 3500 Hasselt (± 20 Km. Sportcomplex)
Phone +32 (0) 11 26 09 80 bb_7510@hotelbb.com www.hotel-bb.com

Hotel 't Huys van Steyns

Henisstraat 20, 3700 Tongeren
Phone: +32 (0)12 69 88 99
info@huysvansteyns.be www.huisvansteyns.be

Hotel Campanile Liégé

Location: RUE JEAN BAPTISTE JUPPIN 17/18, LIEGE,(± 15 Km Sportcomplex)
Phone:+ 32 04 224 02 72 www.campanile.com/hotel/liege